



## WELCOME NEW MEMBERS

It's always nice to welcome new faces and friends into the Lions Organization. Please join me in welcoming these new members into the District and make it a point to say hello when you meet them.

Zena Ward, VB Aragona Pembrok, 1 October  
 Jennifer Ginther, VB Town Center-Blind, 1 October  
 Carolyn Tisdale, Tappahannock, 4 October  
 Gail Kinatader, Tappahannock, 4 October  
 Immacolata Pellegrino, VB Bayside, 7 October  
 Stephen Pellegrino, VB Bayside, 7 October  
 Kairlyn Hickey, VB Princess Anne, 13 October  
 Catherine Brown, Windsor, 13 October  
 Donna Van Eck, Windsor, 13 October  
 Jan Adams, Hampton Mercury, 20 October  
 Robert Norris, Mathews, 20 October  
 Michael Villaggio, Williamsburg Host, 20 October  
 Carolyn Fleming, Northumberland, 22 October  
 Edward Rittenhouse, Northumberland, 22 October  
 Angela Bland, Windsor, 22 October  
 Terry Roman, VB Oceanside, 26 October

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Ray Yannello  
District Governor

## GOVERNOR'S MESSAGE

Fellow Lions,

The holidays are quickly approaching and so are the needs in your community. I'd like to encourage each Lion and each of our Clubs to look into your Community and find those that are in need these next few months. Most clubs sponsor a family of two, have a children's Christmas Party, collect Toys for Tots, or ring the Salvation Army Bells. Look into your hearts and start the planning now so you can bring a little extra joy into the lives of those in our community. Bring dignity to all the children. Do not judge, do not question, do not stare, but give from the heart.

**TAXES.** Not something we love to do, but many of our clubs must file the necessary paperwork with the IRS by November 15, 2015. Please, please, do not miss the deadline.

**WORLDWIDE WEEK OF SERVICE.** Our next Worldwide Week of Service is January 4-10 and is the Worldwide Week of Service in **Hunger**. Many of our food banks get flooded with food over the holidays, but in the weeks that follow the pantry can be quite barren. Please plan an activity to help your local or area food banks and shelters.

**MEMBERSHIP.** I'd like to take these last few lines to thank our District Membership Team and those outside the team that have stepped up to the plate to recruit, stabilize, and grow the membership in the District. We have teetered on the brink of a net gain in membership and many have brought us a step further in bringing us closer to the goal of a plus in membership. AS of September 30<sup>th</sup>, District 24D ranks 9<sup>th</sup> of 36 districts in our geographical area 1B for membership, we rank 8<sup>th</sup> for growth, and 8<sup>th</sup> for number of clubs. We have 7 clubs with positive growth in membership, but 15 clubs with negative growth.

I wanted to keep this short, because few of you read this and probably even fewer ..., never mind. Enjoy the upcoming Thanksgiving season. Spend some quality time with family and friends. Enjoy all that we have and all that we are able to give to others.

DG Ray Yannello  
Your "Raging Bull"



Tucker Casanova

1<sup>st</sup> Vice District Governor

Hello Lions!

Most times when I sit down to write to the District I have a really good idea what I want to say... current events (**LCI Auction Nov 7<sup>th</sup>!!!**), or I tell a story from my own recent experiences relevant to Lions or Family.

I don't have one of those this month.

I want to talk to you about something else, missed opportunities.

If you live or work anywhere near Downtown Norfolk you have seen the murals going up all over the Arts District. Some of you might not know, the Arts District is a semi-official area around the intersection of Olney, Granby, VA Beach Blvd. and Boush St. It includes the neighborhood of the Montessori School, The Plot, Virginia Opera and Chrysler Museums. These murals are HUGE, creative and noticeable. Neat, right?

What has it got to do with us?

Nothing. Not a thing. And that's why I'm so angry.

Two years ago I got wind of this project and went to clubs and said, "Wouldn't it be great if we could sponsor one of these murals? Maybe get our logo or motto on the side of a building, or at least a plaque?" And I was met with a resounding confused silence. The most memorable response I got was how ten years ago one of the clubs was involved in an art contest and they only had a few entries... You might ask yourself, "What does a 10 year old art contest have to do with sponsoring a mural?"

You'd have to ask that club, because I have no earthly idea. It was enough for them to completely dismiss the idea outright. No fact finding, cost analysis, discussion with the organizers, or vote. Just, "Art? Ugh! No. Pass the ketchup." Now it's all people can talk about. They stand around and watch the artists paint when they walk to and from work, when they leave the restaurant or theater, tens of thousands drive by them every day. It's mentioned in the paper or news every week or so...

Missed opportunities

I've found examples of this passive attitude more and more. Not too long ago I was at a club that was deciding how to distribute their contributions, and this conversation came up:

"What's a Bland, and why should we give them money?"

"It's a music contest, instrumental and vocal with a scholarship going to the winner."

"Oh, that's too *showy* I don't think we should support it."

"Too Showy", they said.

After telling the Zone and clubs about the Better Block project for months, who showed up? Myself and Lion Cecil I have other examples, as I'm sure you do too. We get a chuckle over being the 'World's Best Kept Secret', then keep the joke going by not sharing our accomplishments. The Lions Eye Bank is gearing up to unveil what could potentially be the District's most visible project in years, and every time I mention it somebody looks at me and shakes their head like I just told an off color joke.

Multiple 24 is REDISTRICTING... and we are in total denial as to what that means. Our organization is suffering from a terminal case of shyness. If *we the members* can't muster up a dynamic public face of Lionism how could we expect anyone to join? We need to be excited again! We need to stand up, point at our accomplishments and say, "That was us! We did that! And if you join Lions you can do it too... that and MORE!"

If we don't we will fade away.

I've reread this more than ten times and on each have been tempted to delete it all and start over... it reads *angry*.

I'm leaving it though, anger and all, because it comes from an honest place.

And if there is going to be a LIONS CLUB to speak of when my grandkids' friends and classmates need glasses, maybe we need to get a little angry.

That's all I have for now. Before I sign off I want you to know mad or not I love you guys and I'll always be here for you. Now, let's get out there and show them what we can do.

Yours in Lionism,

Lion Tucker Casanova, 1<sup>st</sup> VDG District 24-D



Beth Stevens

2<sup>nd</sup> Vice District Governor

### Lions – Anthem Volunteer Days THANK YOU

It seems so long ago but it was actually June 1, 2015 when the District first received an invitation to participate in the Lions – Anthem Volunteer Days.

There was a flurry of emails, phone calls to clubs, conference calls with Lions Clubs International staff, writing grant proposals and answering numerous questions. In this edition you'll read about the wonderful projects that took place in the Cities of Norfolk and Virginia Beach in October so I don't want to duplicate efforts here. Instead, I'd like to highlight the Anthem Foundation and Anthem Blue Cross and Blue Shield relationship with Lions, summarize impact and thank everyone involved. Lions-Anthem Volunteer Days was designed to build on Anthem's year-round commitment to community and Lions' long history of service.

As part of the partnership, Anthem, Inc. donated \$250,000 to the Lions Clubs International Foundation. The funds will be used to support Volunteer Days projects and events, and Lions-Anthem Foundation Healthy Heroes Grants to support the health and wellness programs of Lions clubs. At the end of the grant review process, seven local Lions Clubs received approval for projects totaling nearly \$9,000. An additional \$4,000 was raised through matching grants and donations from Virginia Beach Lions Clubs. A special thanks to our LCI liaison, Debbie O'Malley for all her support and guidance throughout the entire program. I'd like to tip my hat to our seven clubs and Lion project chairs who stepped forward to lead this initiative: Katrina Gay, Newport News Host, Eddie Ackiss, Princess Anne; Donna Weiler, Tappahannock; Jerry Phelps, Little Creek; Marvin Clemmons, Thalia; Warren Stewart, Ocean View; and Evonne Green, Town Center – Blind. Cecil Smithson, Zone E Chair, also deserves a shout out for assisting Norfolk Clubs; Nancy Watters and Irene Conlin, Thalia for assisting on Virginia Beach proposals. We all know the hours and hours of work it takes to make project day a success. Each and every one of these chairs met this challenge soundly. But it wasn't just Lions working toward project day; their Anthem counterparts worked hard too. We'd like to thank all the Virginia Anthem team leaders: Nealy Gihan, Elizabeth Phillips, Jayne Forbes and Bill Crowder. We also appreciate the support of our local grants Manager, Leah Birk and PR Director Scott Golden. All the events were open to local clubs and the following took advantage of the opportunity: Aragona – Pembroke, Bayside, Kempsville, King William County Children First Branch, Little Creek, Ocean View, Oceana-Golden-Lynnhaven, Oceanside, Princess Anne, Newport News host, Norview, Southside, Tappahannock, Thalia, Town Center – Blind, Virginia Beach Host and Wards Corner. This is 30% of the clubs in our District. Our Lions Clubs were able to offer meaningful service projects to Anthem Blue Cross and Blue Shield Associates because that's what we do every day here in Southeastern Virginia. The ability to quickly call on well-established service partners was an essential key to our success. Through these projects Clubs have expanded community relationships even further. As you read the articles, you'll see what I mean. By my count, there were 17 partners involved beyond Anthem and Lions. Don't hold me to these numbers though because I believe it's even larger than I know right now. If you add it all up approximately 150 Lions (and friends), 249 Anthem Associates (and family members) volunteered approximately 1,093 hours to serve over 4,000 people in need. Overall, Anthem Blue Cross and Blue Shield Associates enjoyed working with our local Lions Clubs. Hopefully, this is just the beginning of another stupendous partnership. Congratulations Lions of District 24D on an extremely successful Lions – Anthem Volunteer Days! You make me proud to be a Lion!



## Governor's Achievement Contest

2015



2016

SEPTEMBER 2015	June 2015 Members	Sept Members	Oct Gains	Oct Losses	Oct Members	Oct Points	TOTAL POINTS
<b>REGION I</b>							
<b>Region I - ZONE A</b>							
Gloucester	19	19	0	-4	15	3350	11185
Lancaster County	37	37	0	0	37	7108	21100
Mathews	59	58	1	-1	58	750	8115
Middlesex County	39	41	0	-1	40	2677	11171
Northumberland County	23	23	2	0	25	250	1600
Tappahannock	50	51	1	-1	51	11477	31253
<b>TOTAL ZONE A</b>	<b>227</b>	<b>229</b>	<b>4</b>	<b>-7</b>	<b>226</b>		

<b>Region I - ZONE B</b>							
James City	51	55	0	0	55	11757	24829
New Kent County	26	26	0	0	26	1525	5890
Poquoson	51	51	0	0	51	4072	12069
Williamsburg Host	71	70	1	0	71	6807	19167
York	34	34	0	0	34	1275	14479
<b>TOTAL ZONE B</b>	<b>233</b>	<b>236</b>	<b>1</b>	<b>0</b>	<b>237</b>		

<b>Region I - ZONE C</b>							
Hampton Mercury	14	14	1	0	15	5336	15281
Hampton Northampton	20	19	0	0	19	5182	16164
Hampton Phoebus	25	24	0	0	24	912	5847
Newport News Denbigh	28	28	4	0	32	3302	15532
Newport News Host	17	17	1	0	18	300	7362
NN Oyster Point Mariner	20	19	0	0	19	1925	6445
Newport News Warwick	22	22	0	0	22	2782	13736
<b>TOTAL ZONE C</b>	<b>146</b>	<b>143</b>	<b>6</b>	<b>0</b>	<b>149</b>		
<b>TOTAL REGION I</b>	<b>606</b>	<b>608</b>	<b>11</b>	<b>-7</b>	<b>612</b>		

<b>REGION II</b>							
<b>Region I - ZONE D</b>							
Deep Creek	13	13	1	0	14	7088	21716
Great Bridge	21	21	0	-1	20	4470	11280
Chesapeake Host	16	16	0	0	16	9408	24508
Southside	38	38	0	0	38	7416	21461
Western Branch	19	19	0	0	19	8550	28387
Churchland	40	38	0	0	38	8424	24919
Cradock	17	17	0	0	17	4512	15477
Portsmouth C F	14	14	0	0	14	250	600
Portsmouth Host	24	23	0	-2	21	5424	14003
<b>TOTAL ZONE D</b>	<b>202</b>	<b>199</b>	<b>1</b>	<b>-3</b>	<b>197</b>		

OCTOBER 2015	June 2015 Members	Sept Members	Oct Gains	Oct Losses	Oct Members	YTD Net
<b>DISTRICT 24-D</b>	<b>1438</b>	<b>1433</b>	<b>23</b>	<b>-14</b>	<b>1442</b>	<b>4</b>

SEPTEMBER 2015	June 2015 Members	Sept Members	Oct Gains	Oct Losses	Oct Members	Oct Points	TOTAL POINTS
<b>Region III - ZONE E</b>							
EVMS	10	10	0	0	10	1050	6350
Norfolk Host	36	36	0	-1	35	400	3575
Norfolk Little Creek	19	17	0	0	17	1425	8595
Norfolk Middle Town	11	11	0	0	11	750	1095
Norfolk Norview	14	13	0	0	13	1832	8202
Norfolk Ocean View	24	24	0	0	24	7515	22251
Norfolk State University	3	3	0	0	3	300	350
Norfolk Wards Corner	22	20	0	0	20	0	3000
<b>TOTAL ZONE E</b>	<b>139</b>	<b>134</b>	<b>0</b>	<b>-1</b>	<b>133</b>		

<b>Region III - ZONE F</b>							
Boykins	30	31	0	0	31	50	150
Franklin	16	16	0	0	16	250	1750
Smithfield	27	26	0	0	26	5081	17771
Suffolk	22	22	0	0	22	250	650
Surry County	18	18	0	0	18	820	1745
Windsor	19	20	3	-1	22	11310	18600
<b>TOTAL ZONE F</b>	<b>132</b>	<b>133</b>	<b>3</b>	<b>-1</b>	<b>135</b>		
<b>TOTAL REGION II</b>	<b>473</b>	<b>466</b>	<b>4</b>	<b>-5</b>	<b>465</b>		

<b>REGION III</b>							
<b>Region III - ZONE G</b>							
Oceana Lynnhaven Golden	17	16	0	0	16	250	1125
VB Central	27	25	0	0	25	50	1895
VB Host	15	15	0	0	15	700	9905
VB Oceanside	18	18	1	0	19	7551	22838
VB Princess Anne	17	17	1	0	18	4269	18383
VB Thalia	38	38	0	0	38	8529	31317
<b>TOTAL ZONE G</b>	<b>132</b>	<b>129</b>	<b>2</b>	<b>0</b>	<b>131</b>		

<b>Region III - ZONE H</b>							
VB Aragona-Pembroke	15	15	1	0	16	1010	5735
VB Bayside	37	33	2	0	35	2250	12625
VB Kempsville	39	39	0	0	39	3786	9252
VB Town Center Blind	70	71	1	0	72	2535	20105
VB Woodstock	18	19	0	0	19	1796	8166
<b>TOTAL ZONE H</b>	<b>179</b>	<b>177</b>	<b>4</b>	<b>0</b>	<b>181</b>		

<b>Region III - ZONE I</b>							
Cape Charles	15	18	0	0	18	9010	24890
Central Shores	19	17	2	0	19	350	450
North Accomack	6	10	0	-2	8	1050	10380
Onancock	8	8	0	0	8	0	300
<b>TOTAL ZONE I</b>	<b>48</b>	<b>53</b>	<b>2</b>	<b>-2</b>	<b>53</b>		
<b>TOTAL REGION III</b>	<b>359</b>	<b>359</b>	<b>8</b>	<b>-2</b>	<b>365</b>		

# Governor's Calendar

Official Visits

Other Lions Events

Other events

- Conflict

MD24 Events

Family Events

Work

Updates from previous version

## NOVEMBER

- 1-2 Out-of-Town Wedding, Columbia, SC
- 6-8 24-B Fall Conference, Williamsburg
- 7 MD24 Redistricting Presentation, Williamsburg
- 7 Bid n' Buy - C - Conflict on
- 9 Churchland OV #46
- 9 Zone G Meeting, Buffet City, 6:30 pm - Conflict 10
- Middlesex OV #47
- 11 Zone B Meeting, Center Street Grill, 6:00 pm
- 12 Warwick OV #48
- 14-16 ALLI, Oak Brook, IL
- 17 Woodstock OV - 11am #49
- 20-22 24-A Fall Conference, Tysons Corner (COG)
- 24 Portsmouth Host OV, 7pm #50
- 24-29 Out-of-Town, Rockville, MD
- 30 Region I Meeting, Angelo's, 6:30 pm
- 30 Zone F Meeting, Fred's, 6:30 pm

## DECEMBER

- 4-6 RLLI, Lexington
- 8 Onancock OV #51
- 10 Northumberland OV #52
- 14 District GMT Meeting, 6:00 pm

## JANUARY

- 9 District Guiding Lion Training, 8 am - 1 pm
- 12 Princess Anne OV, 7pm #53
- 15-17 COG Meeting, Roanoke
- 19 Suffolk OV #54
- 23-29 Out-of-Town, Potomac, MD

## FEBRUARY

- 4-8 Out of Town; Carlisle, PA
- 9 Norfolk Middle Town OV #55
- 22-26 Out-of-Town, Washington D.C.
- 27 24D Cabinet Meeting, Point Plaza, 2pm
- 27 24D Governor's Social, Point Plaza, 6pm

## MARCH

- 4-6 COG Meeting, Roanoke
- 8 Region I Meeting - Mathews
- xx Norfolk State University OV,- to be rescheduled



Please keep the following Lions and their families in your prayers. Each will be missed in their own special way as they departed in September or October for the Lions Pride beyond the sunset:

Walter Bott, Norfolk Host, 33 years

Sandy Carawan, Great Bridge, 32 years

Lorraine Smith, Portsmouth Host, 13 years

Page Melton, Middlesex, 8 years



*DG Ray*



## CENTENNIAL SERVICE CHALLENGE CAMPAIGN

36 clubs (64% of the District) have reported participation in two or more Centennial Service Challenge Campaigns

CLUBS REPORTING	
ALL FOUR	17
THREE	11
TWO	8
ONE	9
ZERO	11

CAMPAIGN	
YOUTH	34
VISION	41
HUNGER	25
ENVIRONMENT	25





# ***Lions - Anthem Volunteer Days***



## ***COASTAL DAY Cleanup for WILLOUGHBY BAY***

On October 17, 2015, 36 Anthem Blue Cross and Blue Shield Associates volunteers and children led by Elizabeth Phillips, Anthem Site Captain, and 16 Lions, representing four clubs from Norfolk Zone "E" (Norview, Ocean View, Wards Corner and Little Creek) picked up thousands of debris and trash items on Four miles of the Bay shoreline. Special thanks to Lisa Jennings, Norfolk Public Service Co-ordinator. She started the event by giving the guidelines and what this means to the Willoughby Bay Area. She explained how the itemized trash records are compiled and sent to the Ocean Conservancy for scientific analysis to implement strategies to reduce pollution. We met new friends and volunteers who want to make the city a better place to live. Working together with like minded people, we left the area cleaner and safer at the end of the day. Invitations were extended to the Anthem employees to visit a local Lions Club.

– Lion Jerry Phelps







# Lions - Anthem Volunteer Days



## *Vanguard Landing Greenhouse*

The Princess Anne Lions Club led by Lion Eddie Ackiss accepted the most ambitious Lions – Anthem Volunteer Days project. They set out to purchase and construct an 8' by 24' greenhouse for Vanguard Landing. The greenhouse will become the Environmental Center teaching young adults with mild to moderate intellectual disabilities how to seed, cultivate and care for plants. The educational program will serve 45 future residents as the residential property is developed. The 75 acre property will eventually house 180 residents and provide programs for 50 day students, all with ID. LCIF and the Anthem Foundation required Virginia Beach Lions Clubs to match the \$2,500 grant. Princess Anne Lions Club along with generous donations from Bayside, Thalia, Town Center – Blind, Aragona – Pembroke and Virginia Beach Host made the dream of the greenhouse a reality. Volunteers from Oceana-Lynnhaven-Golden also helped with the construction. During the event, 36 Anthem Blue Cross and Blue Shield Associates and 33 Lions built the greenhouse, painted a building and decorated the property for Halloween. Debbie Dear, Vanguard Landing Executive Director says it all, “This amazing Greenhouse/Garden Shed project is the perfect example of how business and non-profits come together and wrap their ‘arms’ around a community improvement project such as Vanguard Landing! This partnership exemplifies the ‘growing’ of this visionary residential community!”







# Lions - Anthem Volunteer Days



## StandUp For Kids

Hurricane Joaquin couldn't dampen the enthusiasm of five Newport News Host Lions and 66 Anthem Blue Cross and Blue Shield Associates, including their children, to provide hunger relief to homeless teens in Virginia Beach. Lion Katrina Gay led the project to fill gallon-sized zip lock bags with food or hygiene products for distribution by StandUp For Kids. The organization provides food bags, hot meals and counseling services for disadvantaged or homeless teens in the community. Thanks to Lions – Anthem Volunteer Days grant funding, 660 bags were filled on Saturday, October 3, at the Crow's Nest. A special thanks to Bobby Sharon, StandUp For Kids; Jayne Forbes, Anthem Site captain; and Lion Joy Richardson for their leadership roles on the project.







# Lions - Anthem Volunteer Days



## Beach Bags

When you hear “Beach Bags” you think of children, fun and the sun. Well, you got two of three right. In this case, we’re talking about the Virginia Beach Public School Division’s Beach Bag Program that provides meals over the weekends to students suffering from food insecurity. On October 22, 19 Lions alongside 54 Anthem Blue Cross and Blue Shield Associates, including their children, enjoyed tons of fun packing nutritious food items into bags to help children in need. Each bag contains two: breakfasts, lunches, dinners, milk and snacks. The Virginia Beach Education Foundation matched our Lions – Anthem Volunteer Days grant to provide enough food for 1,250 Beach Bags. Lion Marvin Clemmons, Thalia Lions Club, coordinated volunteers from Thalia, Bayside, Oceanside and Town Center – Blind Lions along with Anthem Blue Cross and Blue Shield Associates to pack 22 bags a minute. Now, that’s “Volunteers in Action!” A special thanks to Corporate Landing Middle School, Virginia Beach Public School Division’s Office of Community Engagement Staff and especially Eileen Cox, Interim Chief Media and Communications Officer for all their support of the event. Nealy Gihan, Anthem Site Captain, deserves our gratitude as well.







# ***Lions - Anthem Volunteer Days***



## ***Lookouts in Our Neighborhoods***

When you're driving around your neighborhood at night and see a blue light brightly shining from a front porch do you know what it means? That's the lesson Lion Warren Stewart, Ocean View Lions Club, wanted to share with Norfolk residents during the Lions – Anthem Volunteer Days Lookouts In Our Neighborhoods (LIONS) project on Saturday, October 24. During the day, 17 Lions from Ocean View and Wards Corner along with six Anthem Blue Cross and Blue Shield Associates, five Scouts and six Norfolk Christian School students knocked on doors of hundreds of houses to explain that the blue light memorializes fallen law enforcement officers. The volunteers distributed 75 lights, donated by Home Depot, to residents. Two hundred home owners also accepted the Crime Prevention/Solution Stickers offered by the volunteers. The service project was well received by the community when residents read about it in the Norfolk Compass. In fact, civic-minded individuals even called Lion Warren and offered to be a site captain for their neighborhood. As a result, four additional teams were added increasing the total number of walk teams to thirteen. This high visibility project generated interest in Norfolk Lions Clubs service projects. We appreciate the partnership of: Anthem Foundation, Elizabeth Phillips Anthem Team Captain, Norfolk Crime Line, Home Depot, Scouts, Norfolk Police Department, and Norfolk Christian School. Lion Warren called the event, "A blue ribbon day in a true blue initiative."





# Lions - Anthem Volunteer Days



## Smiles Across The Miles

Smiles Across the Miles lived up to its name on Saturday, October 24, when 45 Lions / children and 51 Anthem Blue Cross and Blue Shield Associates gathered with their families to create greeting cards to send overseas to military personnel during the holidays. Over 1,500 cards were filled with messages of encouragement and personally signed by all. Over 300 pounds of travel size toiletries were also collected for distribution by the USO. Children had an opportunity to color, read or hear a story about the military. Every child was given a book to take home. Parents were offered a free children's eye screening; there were two referrals of the 19 children screened. Anthem Associates learned about the Lions from members of the Virginia Beach Town Center – Blind, Thalia, Kempsville, Oceanside and Southside Lions Clubs. A special thanks to Lion Evonne Green, Virginia Beach Town Center – Blind Lions Club, and Jayne Forbes, Anthem Site Captain, for working together to make all these “smiles” possible.







## ***Lions - Anthem Volunteer Days***



Homeless and impoverished adults and children often go without the basic necessities most Americans take for granted. In the struggle to find food and a safe place to sleep, they find it difficult to acquire basic items such as soap, shampoo, deodorant, and toothbrushes. Without the right supplies, simple hygienic activities such as brushing their teeth or washing their hands can prove to be a challenge. Everyone should be able to look themselves in the mirror. Access to basic personal supplies can give these people a greater sense of self and a brighter outlook on life.

On October 17, 2015 eleven employees from Anthem and twelve members of the Tappahannock and King William Branch Lions Club gathered together at the Pamunkey Regional Library in St. Stephens, Church, Virginia to support this effort. Within just a few hours of volunteering, the volunteers packed 2100 items into 300 bagged personal hygiene kits or toiletry bags for the patients that will be seen at the upcoming Remote Area Medical Clinic in Warsaw, VA on November 14-15, 2015 at the Richmond County Elementary School. "The goal of this project is to fill zip top bags with new full size toiletries that include soap, shampoo, tooth paste, a tooth brush, a comb and hand sanitizers then give them to impoverished adults and children. With the help of Anthem volunteers, members of the Tappahannock and King William Branch Lions Clubs and a \$1,000 grant from Lions Clubs International Foundation we were able to reach our goal" said Donna Weiler, a Past District Governor of the Lions Clubs and Project Coordinator.

The Lions Clubs of Virginia and RAM have partnered together since 2000 to bring medical and dental care to rural areas around the Commonwealth. "At Ram- Warsaw, The Rappahannock Community College Foundation, RAM and the Lions Club volunteers will be providing medical, dental, eye exams and eyeglasses at no cost to the patient. We do not ask any questions relating to finances or if you have insurance. If you want to be seen, just show up. It is on a first come first serve basis" said Ms. Weiler. "Our Volunteers help us bring these essential services to the youth and adults we serve". For more information about the RAM- Warsaw Clinic or how you can volunteer and become a Lion call Donna Weiler at (804) 761-0761.





## ***Auction Action at Bid 'N Buy***

Join us to write your own "Auction Action" story at the Bid 'N Buy Auction on Saturday, November 7, at the Oak Grove United Methodist Church 472 N. Battlefield Blvd., Chesapeake. The doors open at 11 AM and the live auction begins at 1 PM. You never know what could happen....

Saturday, November 7, 2015

11:00 You're driving down Battlefield Blvd., to run a quick errand. Spot a person dressed as a Lion holding a "SALE sign." Who could resist?

11:02 Pull into the church parking lot to check out the yard sale. Wow, you pick up several new, small, retail items for pennies on the dollar. Darn, the cute red classic car from the Southeastern Virginia Mustang Club isn't for sale.

11:30 A Lion encourages you to go inside to look around at all the items featured in the silent auction. Why not? The grocery store can wait.

12:00 Ooooo, you can't believe all the wonderful gifts you can buy your friends. Well, maybe just a few things for yourself. Is that designer purse real leather?

12:10 Your phone is ringing; it's your spouse. As your writing a bid on that golf package you want the pen accidentally hits the ignore button. Now, that's not good.

12:20 You're in a serious bidding war over that romantic dinner for two.

12:30 Eat some lunch. After all, you need to see if your bids win.

12:40 Finally, answer that call from your spouse. Ask if red or white wine is preferred for dinner while you're "shopping"

1:00 Great! You won that bidding war on the kayak

1:01 Call your friend with a truck to get kayak home

1:02 Might as well sit in on the live auction while you're waiting for your friend

1:10 Oooppps, overbid on that gorgeous 1.5 pink sapphire and diamond ring.

1:30 Oh well, your spouse will forgive you while enjoying the vacation package to Las Vegas over New Year's Eve

1:45 Now you need to wait because your friend wants to see what the 65" Smart TV is going for....

1:55 That painting will look great over the fireplace

2:00 Cash out. Volunteers rush over with fire extinguishers to put out your burning credit card.

2:15 Swear your friend to secrecy and make delivery arrangements for when your spouse is asleep

2:30 Go home and explain, "Honey, I made a little donation to the Lions Charity Foundation of District 24D. They do such wonderful things for our community. You don't mind, do you?"

# STRIDES

Did you know there is a new Diabetes Awareness award out? It is called the Strides Banner Patch Award.

## What is Strides?

A Strides event is a highly visible family-friendly activity that combines fun with service. It is an effective way for your club to:

- Engage and empower your community in the fight against diabetes
- Show your support for those living with diabetes and their families
- Raise funds (optional) for diabetes projects in your club or district

Strides promotes diabetes awareness and the importance of healthy exercise for people with diabetes or those at risk for the disease. Strides events can include:

- Walking
- Dancing
- Cycling
- Running
- Dog walking
- Other physical activities that promote healthy exercise.

## Strides Banner Patch Award

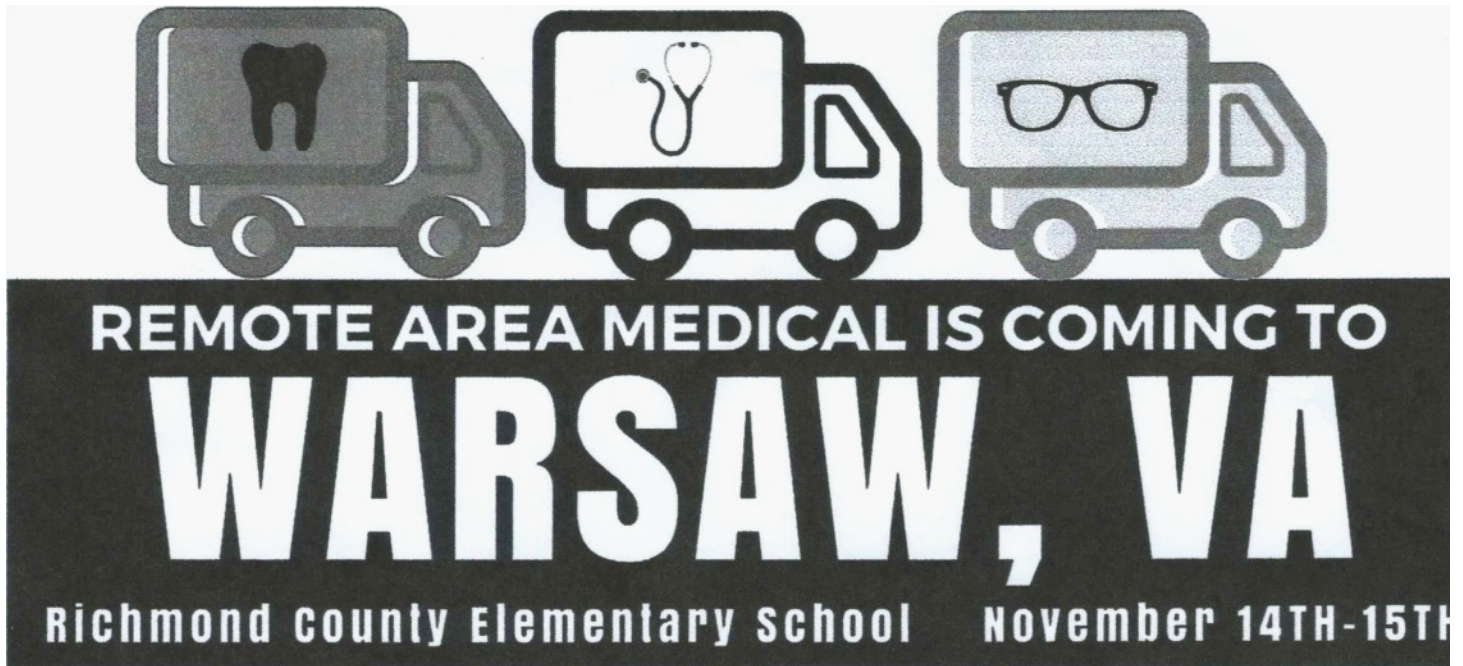
Lions Clubs International will recognize a Lions Club with a free Strides Banner Patch Award if the club has met the following conditions:

- Hosted a Strides: Lions for Diabetes event, or
- Assisted another Lions club(s) in organizing and conducting a Strides event;
- Fulfilled the award criteria (criteria emailed to Region & Zone Chairs)
- Reported the Strides event online in MyLCI by selecting the category “Strides Walk” on the Service Activity Report (SAR).

The current Lions club president will receive the banner patch award for the club’s first reported Strides event in each fiscal year.

For further information or questions, contact [programs@lionsclubs.org](mailto:programs@lionsclubs.org). Additional information has been provided to Region and zone chairpersons.

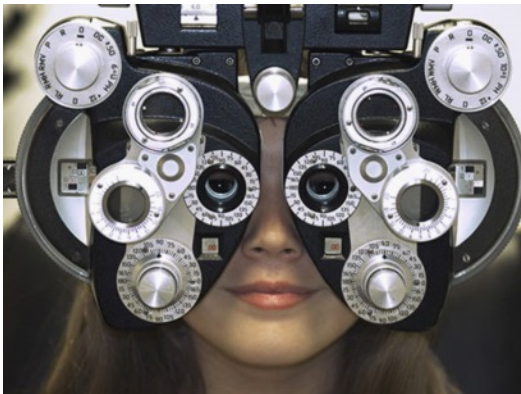
Lion Gerry Hickey, 24D Diabetes Chairman



# FREE HEALTHCARE CLINIC

## OFFERING

**FREE** MEDICAL CARE, EYE EXAMS & GLASSES, AND  
DENTAL CARE TO EVERYONE AT NO COST



**LION VOLUNTEERS ARE NEEDED TO WORK THE SIGHT AND HEARING VAN AND FOR SPOT SCREENINGS BOTH DAYS BEGINNING AT 6 a.m.**

To register with RAM go to [www.ramusa.org](http://www.ramusa.org)  
Please call PDG Donna Weiler to let her know the times you can volunteer: 804-761-0761



## Zone & Region Meetings

### REGION 1:

30 November 2015, 6:30 pm  
Angelo's, 755 J. Clyde Morris Blvd, Newport News  
Cost: \$20  
POC: [gaddis.jeffery@gmail.com](mailto:gaddis.jeffery@gmail.com)

### Zone B:

11 November 2015, 6:00 pm  
Center Street Grill, 755 J. Clyde Morris Blvd, Newport News  
Cost: Order from menu.  
POC: [jackr27@cox.net](mailto:jackr27@cox.net)

### Zone F:

30 November 2015, 6:30 pm  
Fred's, 107 Main St, Franklin,  
Cost: \$13  
POC: Club Secretary or [marcvaneck@aol.com](mailto:marcvaneck@aol.com)

### Zone G:

9 November 2015, 6:00 pm  
Buffet City, 3877 Holland Road, Virginia Beach  
Cost: \$17  
POC: Lion Nancy Cranford, [nanlouram@verizon.net](mailto:nanlouram@verizon.net)

### Zone H:

19 November 2015, 6:00 pm  
Independence Center, 6300 Virginia Beach Blvd, Norfolk  
Cost: \$7 + two non-perishable food items  
POC: Lion Bambi Martin, [Lionbambi.martin@gmail.com](mailto:Lionbambi.martin@gmail.com)

### Zone I:

19 November 2015, 6:00 pm  
Sage Diner, Lankford Hwy, Onley  
Cost: Order from menu.  
POC: Lion Terry Kolet, [Zone.I@District24D.com](mailto:Zone.I@District24D.com)

## Charter Celebrations



21 November 1947 Gloucester  
24 November 1933 Franklin  
28 November 2005 VB Central

## Gloucester Vision Screening



Members of Lions International (District 24-D) conducted vision screenings at TC Walker Head Start this past week. From left to right, Lions Mike Goodman, Mark Hawkins, Ray Weakland, and Tom Hill check the eyesight of Lamiah Wilson-Thomas, age four. The Lions utilize the SPOT Vision Screener that catches eye deficiencies in children, in hopes of getting them early diagnosis and treatment. Fifty-five children were checked by the Lions, with screenings of Gloucester area pre-schools to occur later this year.



Several low vision individuals were able to attend the Wizard of Oz performance at the TCC Roper Performing Arts Center. This was the first audio described play in our area. Guests were given the opportunity to participate in a touch tour before the play. The guests were allowed on the set to feel the props, costumes and interact with the performers.

*Please see the October issue of the Knight's Vision for the article on Access Virginia.*



## Wizard of Oz

**NOVEMBER KV  
DIRECTORY CORRECTIONS**

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-Page 25 – NOTICE

**NEWPORT NEWS HOST**

Until further notice, please contact club President or Secretary for meeting location.

-----  
-Page 27- **Great Bridge** President's email

[rodanthels@yahoo.com](mailto:rodanthels@yahoo.com)

-----  
-Page 32 – CHANGE

**WINDSOR** Club # 36564  
Chartered February 15, 1979 – Sponsored by Smithfield  
**Farmers Daughter Café, 36 E Windsor Blvd**  
Windsor 4<sup>th</sup> Thursday – 6:30 p.m.

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-Page 33 – CHANGE

**VIRGINIA BEACH CENTRAL** CLUB # 90228  
Chartered November 28, 2005 – Sponsored by District 24-D  
**Gus & George's Spaghetti & Steak House, 4312 VA Beach Blvd**  
Virginia Beach 3<sup>rd</sup> Tuesday – 7:00 p.m.

-----  
-Page 35 – North Accomack Children's First Lions Club secretary change

Secretary –  
**Karen Darden (Timothy)**  
PO Box 105  
Melfa, VA 23410  
[darden45028@yahoo.com](mailto:darden45028@yahoo.com)



Many thanks our latest Platinum Sponsor!





# KNIGHT'S VISION

## Proud Sponsors

If you or your club wish to support the Knight's Vision, there are several options available:

Subscribe: Knight's Vision shipped to you every month - Cost \$50 - Qualifies for Silver Patron

Lions Business Card: Your Name, Club and Position (President, Treasurer, PDG, etc.) - Cost \$35

Personal Business Card: Advertise your business with the Knight's Vision - Cost \$50

### Patron Tiers

Bronze – \$25 Donation

Gold – \$75 Donation

Diamond > \$100 Donation

Silver – \$50 Donation

Platinum – \$100 Donation

(Tiers Silver through Diamond come with a Subscription)

To become a KV Patron, please send your contribution to Cabinet Treasurer Lion Keith Feigh, with a brief explanation of how you would want it reflected.

For example:

\$75 Donation - Business Card/Bronze Patron

or

\$75 Donation - Gold Patron

The Knight's Vision appreciates the continued support of Lions just like you!

## THANK YOU TO OUR 2015-2016 KV PATRONS!

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PRINCESS ANNE LIONS CLUB

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**SMITHFIELD**

All Lions of District 24D are encouraged to submit material for publication. The cut off date is the 20<sup>th</sup> of the month prior to the issue. Copies are posted on the District website, District24d.com, between the 1<sup>st</sup> and the 5<sup>th</sup>. Donations help defray costs and make this publication possible. If you would like to make a donation, you can become a KV Patrol at the level you choose, place your business card or an advertisement. Contact the Knight's Vision Editor for more information.